

# La terapia front-line del mieloma multiplo è la stessa per tutti i pazienti? *Renato Zambello, MD*

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#### **Disclosures of Name Surname**

Company name	Research support	Employee	Consultant	Stockholder	Speakers bureau	Advisory board	Other
Celgene Bristol						x	
Takeda						x	
GSK						x	
Jannsen						x	
Amgen						x	







# Prognostic factors in multiple myeloma



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#### **Evolution of molecular analysis techniques in myeloma.**



# The interaction between genetic drivers and microenvironment changes drives high-risk disease states



## Myeloma Pathogeneis

To identify signatures of High Risk clones: as tools for understanding disease dissemination & resistance "Achilees heel"



#### PFS as defined by the different risk stratification systems



Ultrahigh risk defined by the presence of >1 adverse lesion (t(4;14), t(14;16), t(14;20), del(17p), and gain(1q)) in the analysis of 869 cases from the MRC Myeloma IX trial

#### PFS as defined by the different risk stratification systems



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Ultra high-risk defined as double-hit myeloma (either loss of both alleles of TP53 [by mutation, deletion or both] or with 2 extra copies of 1q, resulting in amplification rather than a single gain) by incorporating NGS data in the Myeloma Genome Project analysis of 784 patients

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Walker BA et al Leukemia 2019

#### PFS as defined by the different risk stratification systems



Ultrahigh risk defined by the R-ISS (lowrisk R-ISS group I [ISS stage I with no high-risk CA (del(17p) and/or t(4;14 and/or 14;16)) and normal LDH level] to high-risk R-ISS group III [ISS stage III and high-risk CA or high LDH level]) in a pooled study of 4445 patients with newly diagnosed multiple myeloma from 11 clinical studies.

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Palumbo A et al JCO 2015







1.00

0.75

0.50

0.25

0.00

1.00

0.75

0.50

0.25

0.00

0

Progression-free survival

0

10

10

20

Months

KR vs. R: HR 0.65 95% CI (0.2-2.13)

Progression-free survival

## **Progression-free survival: Random 2**

KR vs. R



KR prolongs PFS in all CA subgroups, except... in patients with amp(1q)



del(1p) 1.00 0.86 surviv 0.75 .57 0.50 odre. 0.25 0.00 0 10 20 30 40 Months

KR vs. R: HR 0.20 95% CI (0.04-0.98)





KR vs. R: HR 0.69 95% CI (0.24-1.96)

20

Months

del(17p)

30

t(4;14)

30

0.6

0.57

40

0.71

0.53

40

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Na

## pPCL and EMM: prognosis and overall survival (OS)





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EMM





## **IMWG frailty score: Long-term outcome**



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# Outcomes of octogenarian newly diagnosed multiple myeloma patients according to frailty group





С



Favors Frail\_by\_age Favors No\_frail





Favors Frail by other Favors No frail

D'Agostino et al. Blood Cancer Journal

(2021) 11:73



2C



### CTCs are the most relevant diagnostic biomarker in MM (GEM12)

- Detected by NGF in 92% of patients.
- Higher number of CTCs were observed in patients with advanced ISS, elevated LDH and high-risk genetics



#### Model for MM dissemination: a high occupancy of hypoxic BM niches + proinflammatory microenvironment: force cancer cells to stop proliferating, recirculate in PB and seek other BM niches to continue growing

# CTC levels are the most powerful independent prognostic factor at diagnosis





# Multi-regional evolutionary events underlie disease progression



FLs have a common high-risk ancestor which disseminates in a metastatic way on a background of GEP70 low-risk disease All sites have a common ancestor which was further changed during progression



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Rasche et al, Nature Comm 2017







### **Risk-oriented therapeutic approach for NDMM transplant eligible (Mayo-Clinic)**





Rajkumar V. Blood Cancer Journal 2020



## GIMEMA-MMY-3006: long-term follow-up

Median follow up: 10 years



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#### Tacchetti P. Lancet Hematol 2020

## GIMEMA-MMY-3006: long-term follow-up





Risk factors: High risk cytogenetic (3)ISS 2 or 3lack of CR(3)

Low risk < 2 Intermediate 2-3 High risk > 3

#### Tacchetti P. Lancet Hematol 2020

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## 

## EMN02: Single vs Double ASCT



Cavo M Lancet Haematol 2020

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# **Clinical Trials With Quad Therapy in Newly Diagnosed MM**

CASSIOPEIA: open-label, randomized phase III trial<sup>[1]</sup>



GRIFFIN: open-label, randomized phase II trial<sup>[2]</sup>



\*Consolidation began 60-100 days after ASCT. 'Patients completing maintenance were permitted to continue single-agent len.

1. Moreau. Lancet. 2019;394:29. 2. Voorhees. Blood. 2020;[Epub].

## CASSIOPEIA: Dara-VTd vs VTd: PFS and MRD (NGF 10<sup>-5</sup>)

Primary end point: sCR after consolidation





Moreau et al, Oral Presentation, ASCO 2019

## **CASSIOPEIA: PFS According to Risk Status**



Moreau, Sonneveld, Avet-Loiseau; unpublished data.

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#### **GRIFFIN: Randomized Phase 2**

Voorhees. Jood 2020; 136:936.

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Phase 2 study of D-RVd versus RVd in transplant-eligible NDMM, primary endpoint sCR after consolidation



D-RVd improved sCR and MRD-negativity rates across most subgroups

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## **GMMG-Concept: ISATUXIMAB-KRD**

Phase 2 for transplant and non-transplant eligible pts for HR MM. Primary endpoint: MRD negativity measured by NGF after consolidation



Response after induction in the first 50 patients of the GMMG CONCEPT study



#### MRD assessment in 33 patients, 20 negative





#### **Progression-free Survival**



40/50 patients were relapse-free after 1 year

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### **OPTIMUM** design



#### Patient population (Screen)

• Patients with (suspected) newly diagnosed myeloma (NDMM) or pPCL fit for intensive therapy

#### **Trial objectives (Treat)**

- Evaluate efficacy of Dara-CVRd combination therapy + ASCT in Ultra High-Risk MM and pPCL
  - Response and MRD after induction and ASCT
  - · Progression free survival compared to matched Ultra High-Risk control group from Myeloma XI
- Determine safety and toxicity of Dara-CVRd in Ultra High-Risk MM and pPCL

Brown S, et al., BMJ Open 2021 5



Presented by: Martin Kaiser, MD, FRCP, FRCPath @MyMKaiser **18<sup>th</sup> IMW** Content of this presentation is property of the author. Permission required for use







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### **Central response results**





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# Primary analysis of the randomized phase II trial of bortezomib, lenalidomide, dexamthasone with/without elotuzumab for newly diagnosed, high-risk multiple myeloma (SWOG-1211).

Saad Zafar Usmani, Sikander Ailawadhi, Rachael Sexton, Antje Hoering, Brea Lipe, Sandi Hita, Brian G. Durie, Jeffrey A. Zonder, Madhav V. Dhodapkar, Natalie Scott Callander, S. Vincent Rajkumar, Peter Michael Voorhees, Paul G. Richardson, Robert Z. Orlowski



#### Conclusions

The addition of Elotuzumab to RVd induction and maintenance did not improve patient outcomes.

# Carfilzomib, lenalidomide, and dexamethasone (KRd) versus bortezomib, lenalidomide, and dexamethasone (VRd) for initial therapy of newly diagnosed multiple myeloma (NDMM): Results of ENDURANCE (E1A11) phase III trial.

Shaji Kumar, Susanna J. Jacobus, Adam D. Cohen, Matthias Weiss, Natalie Scott Callander, Avina A. Singh, Terri L. Parker, Alex R. Menter, Xuezhong Yang, Benjamin Marshall Parsons, Pankaj Kumar, Prashant Kapoor, Aaron Seth Rosenberg, Jeffrey A. Zonder, Edward Anthony Faber, Sagar Lonial, Paul G. Richardson, Robert Z. Orlowski, Lynne I. Wagner, S. Vincent Rajkumar

#### **Patient Randomization and Treatment Schedule**



#### Trial Highlights

1087 patients were enrolled between December 2013 and February 2019 at 272 centers in the US The median age was 65 years

The trial did not include High Risk Multiple Myeloma patients, defined by any of the following: deletion 17p, translocations 14;16 or 14;20, high-risk GEP70 (Gene Expression Profile), an LDH level >2xULN (upper limit of normal) or plasma cell leukemia

Patients with the 4;14 translocation were included despite its current classification as a high risk cytogenetic

Patients in the study were not planning on an upfront autologous stem cell transplant or were transplant ineligible

#### As of the second of three planned interim analysis, data cut-off January 7, 2020 the results were as follows:

	KRd	VRd
Median Progression Free Survival	34.6 months	34.4 months
Overall Survival (with 95% confidence interval)	86%	84%

Dr. Shaji Kumar concluded that these results prove that VRd should remain the standard of care and that VRd should be the backbone upon which quadruplet therapies should be designed.

VRd	KRd
41%	48%
8%	1%
5%	16%
18%	14%
17%	9%
6%	4%
7%	4%
	VRd 41% 3% 5% 18% 17% 6% 7%

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# Paradigma di terapia nel paziente con MM di nuova diagnosi non candidabile alle alte dosi







#### Key study designs in non stem-cell transplantation NDMM



These charts are provided for ease of viewing information from multiple trials. Direct comparison between trials is not intended and should not be inferred.

<sup>a</sup> RVd lite is phase II, others phase III.

DRd, daratumumab, lenalidomide, low-dose dexamethasone; D-VMP; daratumumab, bortezomib, melphalan, prednisone; R, randomized; SCT, stem-cell transplantation.



1. Mateos MV et al. N Engl J Med 2018;378:518–28. 2. Facon T et al. N Engl J Med 2019;380:2104–15. 3. Durie BGM et al. Lancet 2017;389:519–27. 4. O'Donnell EK, et al. Br J Haematol 2018;182:222–30.



## SWOG 0777: PFS with RVd versus Rd<sup>a</sup>

#### Regardless of age, treatment with RVd resulted in better responses compared with Rd

 Median PFS (months)<sup>1</sup>

 Age (years)
 RVd
 Rd

 < 65</td>
 48
 34

 ≥ 65
 34
 24

 > 75
 34
 17

#### Long term FU<sup>2</sup> OS in pts ≥ 65 years: HR 0.769, p 0.168

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<sup>a</sup> For all analyses, both SWOG and IRC assessments have been conducted using the fully updated datasets with current data lock in May 2018.
D, dexamethasone; IRC, Independent Review Committee; OS overall survival; PFS, progression-free survival; R, lenalidomide, V bortezomib.



1. Durie B et al. Blood 2018;132:1992; 2. Durie B et al. Blood Cancer J 2020;10:53

### Modified RVd (RVd-lite) in transplant-ineligible NDMM



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RVd-lite is Investigational only, not approved.

<sup>a</sup> The first 10 patients received bortezomib i.v. for cycle 1 only followed by s.c. administration; subsequent patients received bortezomib

s.c.; <sup>b</sup> 6% of patients received < 4 cycles of therapy and were therefore not evaluable.

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AE, adverse event; CR, complete response; d, dexamethasone; ECOG PS, Eastern Cooperative Oncology Group Performance status; ISS, International Staging System; MR, minimal response; ORR, overall response rate; PFS, progression-free survival; R, lenalidomide; sCR, stringent complete response; TTR, time to response; V, bortezomib; VGPR, very good partial response

O'Donnell EK et al. Br J Haematol 2018;182:222-30. O'Donnell EK et al. ASH 2019; abstract 3178.

## **Daratumumab Study designs**



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BMI, body mass index; D-Rd, daratumumab, lenalidomide, and dexamethasone; NA, North America.

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<sup>a</sup> On days when DARA was administered, DEX was administered to patients in the D-Rd arm and served as the treatment dose of steroid for that day, as well as the required pre-infusion medication; <sup>b</sup> For patients > 75 years of age or with BMI < 18.5, DEX was administered at a dose of 20 mg weekly; <sup>c</sup> Efficacy endpoints were sequentially tested in the order shown. Facon T et al. Blood 2019;132:LBA-2; Facon T et al. N Engl J Med 2019;380:2104-15. PFS



D, daratumumab; PFS, progression-free survival; VMP, bortezomib, melphalan, prednisone; Rd, lenalidomide and dexamethasone; HR, hazard ratio; CI, confidence interval; NR, not reached; NDMM, newly diagnosed multiple myeloma.

Mateos MVM et al. Lancet. 2019;395(10218):132-141.

Facon T et al. EHA 2021. LB1901.



## OS

#### ALCYONE

Median (range) follow-up: 40.1 (0-52.1) months Pre-specified analysis triggered after 209 deaths were observed



#### 40% reduction in the risk of death in patients receiving D-VMP



D-Rd demonstrated a significant benefit in OS, with a 32% reduction in the risk of death, in patients with NDMM who are transplant ineligible

D, daratumumab; OS, overall survival; VMP, bortezomib, melphalan, prednisone; Rd, lenalidomide and dexamethasone; HR, hazard ratio; CI, confidence interval; NDMM, newly diagnosed multiple myeloma.

Mateos MVM et al. Lancet. 2019;395(10218):132-141.

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Facon T et al. EHA 2021. LB1901.

#### Daratumumab plus lenalidomide and dexamethasone (D-Rd) vs lenalidomide and dexamethasone (Rd) in transplant-ineligible newly diagnosed multiple myeloma (NDMM): frailty subgroup analysis of MAIA





	Total Non-frail (n=395)		Frail (n=334)	
n (%)	D-Rd (n=196)	Rd (n=199)	D-Rd (n=168)	Rd (n=166)
Patients with a TEAE with outcome of death	7 (4)	7 (4)	20 (12)	20 (12)
Patients with a serious TEAE	123 (63)	126 (63)	125 (74)	121 (73)
Treatment discontinuations due to TEAEs	13 (7)	31 (16)	17 (10)	32 (19)
Deaths	26 (13)	46 (23)	57 (34)	57 (34)

Our findings, although based on a retrospective assessment of frailty, support the clinical benefit of D-Rd in patients with transplant-ineligible NDMM enrolled in MAIA, regardless of frailty status

Courtesy of S Zweegman, EMN 2021





# PFS based on sustained MRD negativity (NGS, 10<sup>-5</sup>) lasting ≥12 months in MAIA, ALCYONE and in both studies pooled



Durable MRD negativity lasting ≥12 months improved PFS compared with MRD-negative patients who did not maintain MRD negativity for ≥12 months

PFS, progression-free survival; MRD, minimal residual disease; D-Rd, daratumumab plus lenalidomide/dexamethasone; Rd, lenalidomide/dexamethasone; D-VMP, daratumumab plus bortezomib/melphalan/prednisone; VMP, bortezomib/melphalan/prednisone.

San Miguel J et al. ASH 2020; abstract 2317



Paradigma di terapia nel paziente con MM di nuova diagnosi non candidabile alle alte dosi

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✓ Come stabilire il protocollo di terapia per il paziente?



✓ Va adattata la terapia e come?

Volontà del paziente tra indipendenza e QoL vs durata di vita?



## The risks in treating older patients

•Undertreatment: making choice based on chronological age only

•Overtreatment: making choice considering only response





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## CAN STUDY RESULTS BE TRANSLATED TO OLDER PATIENTS IN REAL LIFE? NO

FIRST TRIAL REGISTRATION STUDY EXPERIMENTAL ARM RD

MAIA TRIAL REGISTRATION STUDY STANDARD ARM RD LAROCCA UNFIT TRIAL REAL LIFE POPULATION STANDARD ARM RD



Benboubker et al. N Engl J Med 2014;371:906-17, Bahlis et al. ASH 2019; abstract 1875, Larocca et al. ASH 2018

## Come adattare la terapia al livello di Fragilità?

UK-MRA FitNEss trial

Concept of frailty-adjusted dosing

HOVON 143 study Concept of 'non-toxic for frail' drugs

#### +EMN trial with ISATUXIMAB!



HOVON 143 - EudraCT 2016-002600-90 Fitness trial - NCT03720041

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#### Treatment goals based on fraility score



### Conclusions

- In addition to cytogenetic factors, high-risk multiple myeloma may be defined by clinical features, such as plasma cell leukemia, extramedullary disease, circulating plasma cells, renal failure, and, more recently, frailty
- Although most risk stratification systems assess risk at time of diagnosis, high-risk features may develop later in the disease course at the time of relapse. Although high risk cytogenetics, defined as del(17p) or t(4;14), were more common in patients with early relapse (33%), a substantial proportion of early-relapsing disease (67%) had standard risk cytogenetics.
- Recent data suggest that more dynamic assessment could be considered, including response to therapy, resolution of imaging findings, and the presence of MRD.





# Grazie per l'attenzione



